

SECTION II

STUDENT ASSISTANCE PROGRAMS (SAP)

Student Assistance Programs are defined as comprehensive primary prevention and early intervention programs for students in grades K-12. The programs include a systematic effort to educate, identify, assess, refer, and support students with drug abuse problems and other high-risk behaviors that are interfering with the education and life development of students.

- ◆ **2003-04 Program Results**
- ◆ **1998-2004 Referral Comparison**
**2003-04 Referral By School Classification,
Elementary, Middle/Junior High and High School**
- ◆ **Monthly Referral Totals and School Classification,
Elementary, Middle/Junior High and High School**

IDAHO

Student Assistance Program

(SAP)

“MAKING A DIFFERENCE”

2003-2004

Sample Student group participant survey results:

Not all questions were answered – 15,895 results received

86% Reported that the program helped them stay in school—
1,088 had considered dropping out of school

82% Reported that the program gave them positive ways to deal with problems

76% Reported that they had stopped or decreased use of tobacco, alcohol or other drugs --1,729 reported having used tobacco, alcohol or other drugs

76% Reported that they felt increased feelings of self worth

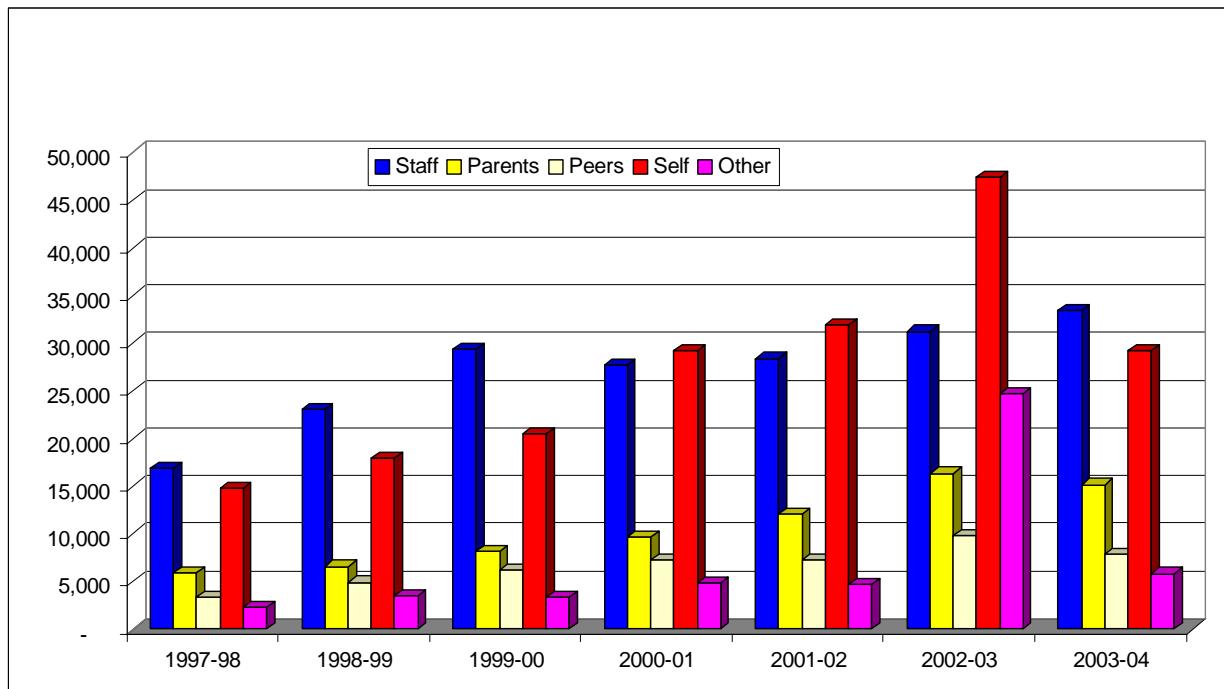
71% Reported that the program had an overall positive effect

64% Reported that the program had a positive effect on school attendance

62% Reported that the program had a positive effect on overall school work

Identifying and getting students into early intervention is critical. Students can be referred for groups by staff, parents, peers, self and others. Each year more districts are implementing a comprehensive SAP program into their prevention program. Training is provided through discretionary grants from the state tobacco funds. The complete SAP report may be found in the appendix.

1998-2004 Student Assistance Program Referral Comparisons



	1997-98	1998-99	1999-00	2000-01	2001-02	2002-03	2003-04	Grand Total
Staff	16,911	23,004	29,346	27,677	28,398	31,236	33,468	190,040
Parents	5,881	6,571	8,214	9,694	12,121	16,351	15,152	73,984
Peers	3,368	4,939	6,201	7,224	7,313	9,835	7,813	46,693
Self	14,752	17,930	20,491	29,169	31,893	47,443	29,186	190,864
Other	2,238	3,483	3,401	4,859	4,757	24,738	5,821	49,297
Total	43,150	55,927	67,653	78,623	84,482	129,603	91,448	550,886

2003-2004	PERSONNEL	PARENTS	SELF	PEERS	OTHER	TOTALS
High School	25453	11468	22486	6522	4145	70074
Middle/Junior	7857	3507	6333	1237	1064	19998
Elementary	152	185	367	54	618	1376
Totals	33462	15160	29186	7813	5827	91448

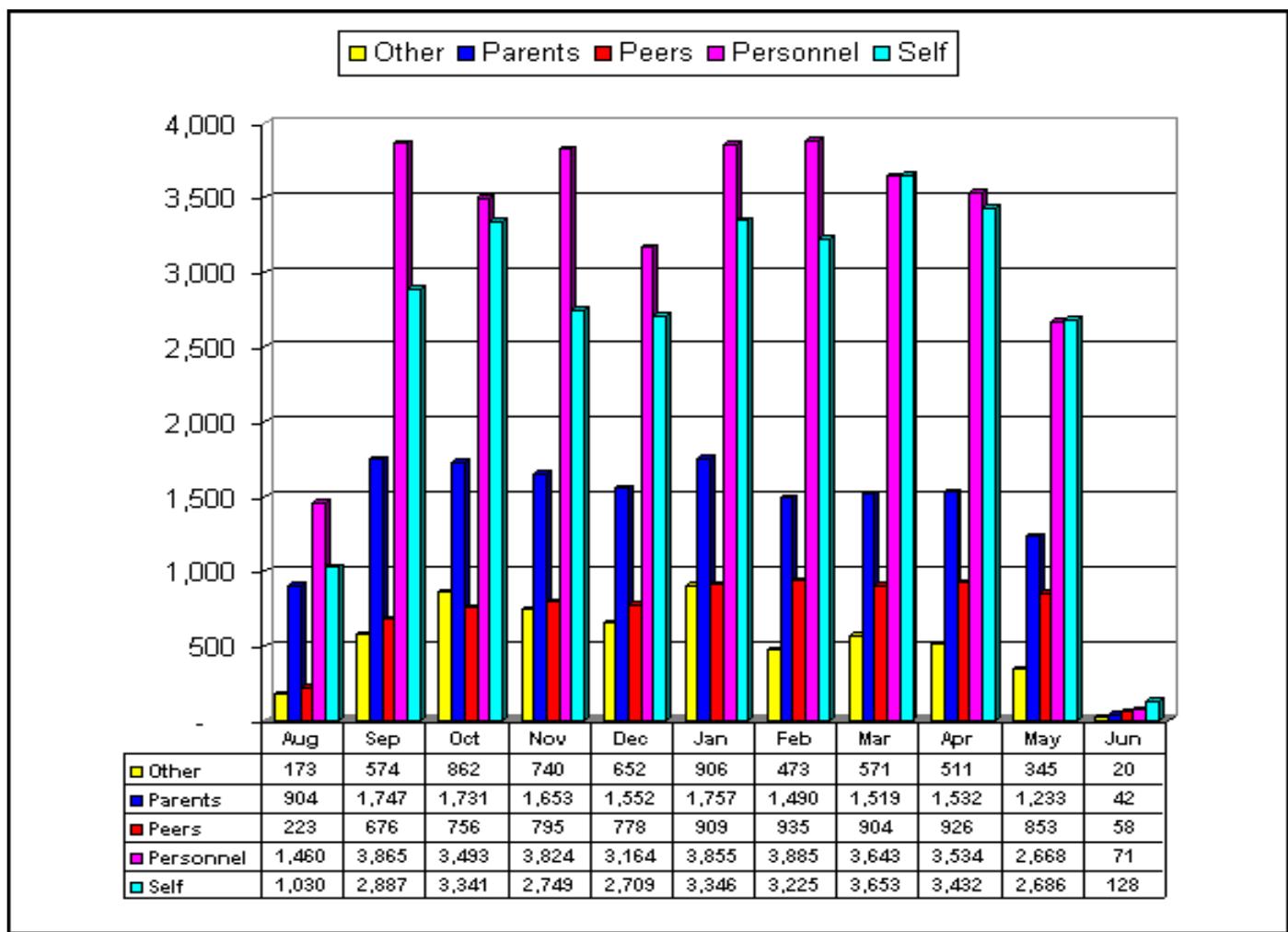
Reasons for referral may vary and usually include:

Suspected use/abuse of illegal substances, changes in behavior, appearance or groups of friends a drop in academic achievement or an increase in absences from school.

Teams review every referral. Each case is given individual attention as members look for the “next logical intervention” in helping students toward success in school.

Intervention activities commonly employed include referrals to in-school groups, mentorships involving interested non-team staff members, conferences with parents, referrals to community agencies, and referrals for drug/alcohol assessments.

Student Assistance Program Referrals by Month – 2003-2004



No referrals reported for July

HS	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Total
Other	127	394	568	517	485	665	339	401	355	274	20	4145
Parents	652	1327	1335	1239	1099	1325	1162	1168	1148	975	38	11468
Peers	195	575	634	669	639	763	775	757	765	692	58	6522
Personnel	1015	2908	2813	2865	2400	2937	2963	2719	2689	2078	66	25453
Self	786	2212	2553	2111	2035	2626	2507	2751	2660	2122	123	22486
	2,775	7,416	7,903	7,401	6,658	8,316	7,746	7,796	7,617	6,141	305	70,074
MS												
Other	43	119	135	154	119	93	110	119	127	45		1064
Parents	246	399	377	369	430	415	310	338	370	249	4	3507
Peers	24	99	110	118	133	142	154	143	156	158		1237
Personnel	437	919	667	950	731	893	914	916	840	586	4	7857
Self	238	636	710	595	633	686	698	843	744	545	5	6333
	988	2,172	1,999	2,186	2,046	2,229	2,186	2,359	2,237	1,583	13	19,998
Elem												
Other	3	61	159	69	48	148	24	51	29	26		618
Parents	6	21	19	45	23	17	18	13	14	9		185
Peers	4	2	12	8	6	4	6	4	5	3		54
Personnel	8	38	13	9	33	25	8	8	5	4	1	152
Self	6	39	78	43	41	34	20	59	28	19		367
	27	161	281	174	151	228	76	135	81	61	1	1376